

Te Kura Māori o Porirua *He Kura te tangata*



Rāngi: **14 Paengawhāwhā 2021**

Last Day of Kura:

This Friday 16 April will be our last day of kura for the term. Kura will finish at 1pm. Kura buses will run this day.

Ngā rā nui:

7 Paengawhāwhā:

Whānau whānui - kura tuatahi

15 Paengawhāwhā:

Te Mana Kuratahi, OTAKI

16 Paengawhāwhā:

Rā mutunga o wahanga tahi

3 Haratua:

Rā tuatahi o wahanga rua

4 Haratua:

New enrolments powhiri

Tākina ko koe! Tākina ko au! Tākina ko koutou o Rangitūhi, o Whīreia i ō koutou tū ki te ātamira, ki Ngā Purapura apōpō. Anō nei ko te mahi-ā-te-Rēhia ka toa. Ko tō tātou reo Māori ka eke tangaroa. He mihi mutunga kore ki te katoa o ngā tamariki, ngā kaiako me ngā kaimahi o ō tātou rōpū Kapahaka. Kua tae ki te mutunga o te wāhanga tuatahi o te tau. Kua tutuki, kua ea ngā mahi mō tēnei wāhanga. E hia kē ngā mahi kua oti i a tātou. Tēna koutou tamariki mā, kaimahi mā, whānau whānui mā - e tātou katoa - nā tātou katoa tō tātou waka i hoe. Meinga! Meinga!

Wāhanga 2 Rātaka: Next term our kura will start the Lunch in Schools programme. Libelle will provide our lunches onsite. Kaiako have discussed how we can optimise this opportunity and we have decided to change our kura timetable to enable us to provide better for the needs of our tamariki and taiohi. The recommended change is directly related to PLAY, EAT, LEARN research by Dr Kathleen Liberty, an Associate Professor at the University of Canterbury. There is more information about the proposed change overleaf.

Lunch in Schools programme: Our lunch in schools programme starts on Monday, 3 Haratua. This means that lunch will be provided for all ākonga - Kura Tuatahi and Kura Tuarua everyday. So at kura our tamariki will have the following kai each day:

- Parakuihi - toast and cereal
- Snacks and fruit
- Lunch

Every child will need to bring a named water bottle to kura - next term we will be a water only kura!

Children are welcome to bring their own healthy snacks as well however we will have grazing tables in each akomanga for snack breaks.

NO HOKO KAI . . .

Please remember there will be no hoko kai next term. The last hoko kai day is this Friday.

Circus Quirkus 2021

The Rotary Club of Mt Victoria have offered complimentary tickets to the Circus Quirkus show on the 22 May Lower Hutt Event Centre. There are 3 showtimes available 11am, 2pm and 5pm. There is a limit of 50 people per show from the Kura. Call Kelly in the office for tickets.

Wharekura whānau whānui hui

Unfortunately, due to a poor turnout of whānau we were unable to proceed with our hui whānau whānui. This means that kaiako were not able to update whānau about plans for the next term. We will therefore reset the date for a hui early next term. Whānau, please make these hui a priority so that we are able to ensure we are all participating in the education of our taiohi.

Dress For Success Wellington is a service that offers the opportunity to professionally dress whānau or individuals alike for a variety of kaupapa such as job interviews, house viewings, court appearances, graduations of any form, parents also of the graduates and or official events.

If whānau would like to know more about accessing this service please get in touch with Whāea Indiana at kura.

KURA TUATAHI KAPA HAKA REGIONAL COMPETITION

A reminder that all three kura buses in the morning will run at **7.30am** from their first pick up stop and drive it's normal route to kura. This is to ensure all buses will leave from kura at 8am to Otaki.

Children will need to bring a packed lunch, snacks, a drink bottle, a warm jacket and their gold coin door entry koha.

8am Supporter buses will leave for Otaki

9.55am Whīreia perform

10.30am Kaitimo

11.55am Rangitūhi perform

12.30pm Kainui

1.30pm Poutuarongo, Poutokomanawa and selected Pou mua will return to kura to return home at 3pm. The school buses will be running to this time.

1.30pm Kaihaka, Te Puawaitanga and remaining Pou Mua will attend prize giving

2pm Tuku mauri

2.30pm Return to kura. These students are to be collected from the kura.

Te Kura Māori o Porirua

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PORIRUA

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TĀKARO, KAI, AKO

Is a programme aimed at providing a time to focus on eating in a calm, settled way and then transition successfully into learning programmes. A number of kura and schools are implementing this concept following the research of Dr Kathleen Liberty, an Associate Professor at the University of Canterbury.

To help children to focus on their learning, the practice reverses times for morning tea, lunch and play so that children play first then return to their learning studios, to eat and be calmer and ready to learn.

Research shows the body physiologically responds differently to the two activities – TĀKARO me te kai
TĀKARO– the body response is more aroused and heightened.
Kai – the body response is to naturally calm.

Changing the order to playing first and then eating has shown in international studies to improve children’s ability to pay attention in classrooms. With the “Play” first and then Eat, children eat more, drink more and have improved readiness to learn. They are not in a rush to eat their food to get out to play and are calm when they are eating after playing. By having the Learning time immediately following eating, they are more attentive, calm and ready to learn.

Water throughout the day is also a key aspect of improving a child’s ability to focus and concentrate. This could be thought of as “Drink-to-Think; Think-to-Drink”. Dehydration can contribute to poor concentration, memory problems and an increase in impulsive behaviour. Please make sure your child has a drink bottle and remember – we only allow water at school.

We will trial two different timetables for Kura tuarua and Kura tuatahi students, an example of a kura tuatahi timetable is provided below. Please note the Wā ako times and the TĀKARO kai times will be the same, but the kaupapa ako may differ for each class.

8.50-9.00	KARAKIA
9.00-10.30	Wā ako 1 - generally pānui pukapuka, tuhituhi, tuhi pū, reo ā-waha
10.30-11.00	TĀKARO
	KAI
11.00-12.00	Wā ako 2 - generally pāngarau, pānui ā te kaiako
1.40-2.00	TĀKARO
	KAI NUI
12.40-1.40	Wā ako 3 - hākinakina, mahi ā-kaupapa
1.40-2.00	TĀKARO
	KAI
2.00-3.00	Wā ako 4 - Ara ako - toi ataata, kanikani, matihiko, mau rākau, mahi maara, pūtaiao

The kura tuarua programme is being confirmed but the lunchtime will be at the same time.